



## TILAK MAHARASHTRA VIDYAPEETH(TRUST'S)

### INDUTAI TILAK COLLEGE OF PHYSIOTHERAPY

#### LIST OF RESEARCH PUBLICATIONS

Sr No	Name of the staff	Title	Journal
1	DR. PROF. MAHENDRA SHENDE	ASSESSMENT OF QUALITY OF LIFE OF PARENTS OF CHILDREN WITH CEREBRAL PALSY	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		PREVALENCE OF NECK PAIN IN LOCAL GAMERS	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		THE RELATION BETWEEN AGILITY, JUMPING ABILITY AND SPORTS PERFORMANCE IN PROFESSIONAL BADMINTON PLAYERS	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		QUALITY OF LIFE IN FEMALES WITH PCOS	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		PREVALENCE OF COGNITIVE IMPAIRMENTS IN POSTPARTUM PERIOD AMONG YOUNG ADULT FEMALES	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		AWARENESS OF PREVENTIVE MEASURES IN OSTEOARTHRITIS AMONG URBAN POPULATION IN PUNE CITY	INTERNATIONAL JOURNAL OF SCIENCE AND HEALTHCARE RESEARCH
2	DR. RIMA MUSALE (PT)	ASSESSMENT OF FLEXIBILITY AND BALANCE IN POST-MENOPAUSAL WOMEN,	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH
		AWARENESS, KNOWLEDGE, AND ATTITUDE ABOUT VIRTUAL REALITY AND AUGMENTED REALITY IN PHYSIOTHERAPY PRACTICE AMONG PHYSIOTHERAPIST,	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH

		EFFECTIVENESS OF SUB OCCIPITAL RELEASE IN CERVICOGENIC VERTIGO	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH
		PERCEPTION OF EXERCISE BENEFITS AND EXERCISE BARRIERS AMONG PRIM PAROUS WOMEN	INTERNATIONAL JOURNAL OF NOVEL RESEARCH AND DEVELOPMENT (IJNRD)
		AWRENESSES OF POLYCYSTIC OVARIAN SYNDROME AND RELATED LIFESTYLE MODIFICATIONS IN YOUNG FEMALES	INTERNATIONAL JOURNAL OF ALL RESEARCH EDUCATION AND SCIENTIFIC METHOD
3	DR. GAURAI GHAROTE(PT)	PREVALENCE OF CERVICOGENIC HEADACHE IN COMPUTER USERS IN NEW NORMAL	SHODH PRABHA
		ASSESSMENT OF JUGULAR VEIN PRESSURE IN COPD PATIENTS	MAHRATTA MULTIDISCIPLINARY JOURNAL
		PREVALENCE OF OVERUSE SYNDROME OF WRIST IN FOOD DELIVERY EMPLOYEES	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH
		PREVALENCE OF INJURIES IN JUNIOR CONVENTIONAL POWERLIFTERS IN MAHARASHTRA POPULATION	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH
		EFFECTS OF CIRCUIT TRAINING ON SPORTS PERFORMANCE OF SEMI PROFESSIONAL ROLL BALL PLAYERS	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH
		WORK RELATED MUSCULOSKELETAL DISORDERS IN NURSES WORKING IN ICU	INTERNATIONAL JOURNAL OF YOGA, PHYSIOTHERAPY AND PHYSICAL RESEARCH
4	DR RESHMA NIPUNGE(PT)	ASSESSMENT OF RESPIRATORY MUSCLE STRENGTH IN HEALTHY YOUNG INDIVIDUALS ACCORDING TO THE CLASSIFICATION OF BODY MASS INDEX"	INTERNATIONAL JOURNAL OF CREATIVE RESEARCH AND THOUGHTS
		EFFECT OF EXPIRATORY MUSCLE STRENGTH TRAINING ON PEFR AMONG COMMUNITY DWELLING ELDERLY RURAL POPULATION: AN INTERVENTIONAL STUDY	INTERNATIONAL JOURNAL OF CREATIVE RESEARCH AND THOUGHTS
		COMPARISON OF PULMONARY FUNCTIONS IN YOUNG ADULTS WITH NORMAL VERSUS FORWARD HEAD POSTURE	VIMS JOURNAL OF PHYSICAL THERAPY

5	DR RASIKA KALUSKAR(PT)	COMPARISON OF DIMENSIONAL CHANGES OF FEET DURING LATE GESTATION BETWEEN NULLIPAROUS, PRIPAROUS AND MULTIPAROUS WOMEN	MEDICON MEDICAL SCIENCES , VOLUME 2, ISSUE 5; 2022.
1.	DR. YOGESH PATIL(PT)	EFFECTIVENESS OF 2 WEEKS QI GONG EXERCISE THERAPY VS CONVENTIONAL PHYSIOTHERAPY MANAGEMENT IN POST SURGICAL BREAST CANCER SURVIVORS: A RANDOMIZED CLINICAL TRIAL	JOURNAL OF MEDICAL SCIENCE AND CLINICAL RESEARCH
		EFFECTIVENESS OF VOODOO FLOSS BAND VERSUS CREPE BANDAGE IN SUBJECTS WITH POST OPERATIVE LOWER LIMB PEDAL EDEMA: A RANDOMIZED CLINICAL TRIAL	INTERNATIONAL JOURNAL OF CURRENT ADVANCED RESEARCH
2.	DR. NEERAJA DESHMUKH(PT)	PREVALENCE OF COGNITIVE IMPAIRMENTS IN POSTPARTUM PERIOD AMONG YOUNG ADULT FEMALES	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		PREVALENCE OF NECK PAIN IN LOCAL GAMERS	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
3.	DR. ANKITA DABSHED(PT)	PREVALENCE OF DE-QUERVAIN'S TENOSYNOVITIS IN CARPENTERS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		COMPARATIVE STUDY OF MYOFASCIAL RELEASE VERSUS PASSIVE STRETCHING ON CALF FLEXIBILITY IN COLLEGE LEVEL AMATEUR FOOTBALL PLAYERS	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		THE CORRELATION AMONG SPORTS PERFORMANCE, AGILITY AND JUMPING ABILITY OF ELITE FOOTBALL PLAYERS	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		RETROSPECTIVE STUDY ON LOW BACK INJURIES	INTERNATIONAL JOURNAL OF ALL RESEARCH EDUCATION AND SCIENTIFIC METHODS

4.	DR. MANALI KULKARNI(PT)	EFFECTIVENESS OF KINESIO TAPING AND YOGA THERAPY ON ADOLESCENT GIRLS WITH PRIMARY DYSMENORRHEA.	MAHRATTA – MULTIDISCIPLINARY JOURNAL
		IMPACT OF STRUCTURED TREATMENT PROTOCOL WITH ELECTROTHERAPY ON PUBIC SYMPHYSIS PAIN IN THIRD TRIMESTER OF PREGNANCY: A CASE REPORT	MAHRATTA - MULTIDISCIPLINARY JOURNAL
		PREVALENCE OF CYCLIC MASTALGIA IN YOUNG COLLEGE GOING GIRLS	MAHRATTA - MULTIDISCIPLINARY JOURNAL
5.	DR. ARPITA RATHOD(PT)	ADDRESSING THE CHALLENGES OF PHYSIOTHERAPY EDUCATION IN INDIA	INTERNATIONAL JOURNAL OF HEALTH SCIENCES AND RESEARCH
		INVESTIGATING MUSCULOSKELETAL ISSUES IN PHYSIOTHERAPY STUDENTS A CROSS SECTIONAL STUDY ON LOW BACK PAIN AND NECK PAIN	GLOBAL JOURNAL FOR RESEARCH ANALYSIS
		TELEHEALTH PHYSIOTHERAPY: A GAMECHANGER IN HEALTHCARE	GALORE INTERNATIONAL JOURNAL OF HEALTH SCIENCES AND RESEARCH
		ARTIFICIAL INTELLIGENCE IN ENHANCING PHYSIOTHERAPY TREATMENT: BRIEF REVIEW	INTERNATIONAL JOURNAL OF SCIENCE AND HEALTHCARE RESEARCH
6.	DR. SIDDHIMA HARDIKAR(PT)	1. COMPARATIVE STUDY OF FARADIC MUSCLE STIMULATION WITH MYOFASCIAL RELEASE AND FARADIC MUSCLE STIMULATION WITH PASSIVE STRETCHING TO IMPROVE HAND MUSCLE FUNCTION IN CHRONIC STROKE PATIENTS. A RANDOMIZED CONTROLLED TRIAL".	INTERNATIONAL JOURNAL OF APPLIED RESEARCH
		2. EFFECTIVENESS OF POSITIONAL RELEASE TECHNIQUE VS DEEP ISCHAEMIC COMPRESSION BOTH COMBINED WITH STABILIZING EXERCISES FOR NONSPECIFIC NECK PAIN IN COLLEGE STUDENTS ON DISABILITY, PAIN AND CERVICAL RANGES AFTER TWO WEEKS: A COMPARATIVE	INTERNATIONAL JOURNAL OF EDUCATIONAL RESEARCH AND STUDIES.

		STUDY	
		EFFECTIVENESS OF RIGID TAPING AND ANKLE STRENGTHENING EXERCISE V/S ANKLE STRENGTHENING EXERCISE ON DYNAMIC BALANCE IN CHRONIC ANKLE INSTABILITY IN CONSTRUCTION LABOURERS – A COMPARATIVE STUDY	INTERNATIONAL JOURNAL OF APPLIED RESEARCH
1.	DR. PRIYAMWADA HINGE(PT)	INFLUENCE OF PHYSIOTHERAPY ON NON-COMMUNICABLE DISEASES	INTERNATIONAL JOURNAL OF RESEARCH AND REVIEW
		PROPORTION OF OBESITY AND HIGH BLOOD PRESSURE IN COLLEGE STUDENTS AND ITS CORRELATION WITH DIET	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS (IJRAR)
		PREVALENCE OF RESTLESS LEG SYNDROME IN SCHOOL GOING STUDENTS AND ASSESSMENT OF FATIGUE	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH (IJFMR)
2.	DR. SHREYA DESHAK(PT)	EFFECT OF AEROBIC TRAINING WITH INSPIRATORY MUSCLE STRENGTH TRAINING ON AGILITY IN DISTRICT LEVEL FOOTBALL PLAYERS	INTERNATIONAL JOURNAL OF DENTAL AND MEDICAL SCIENCE RESEARCH
		ASSOCIATION OF INSPIRATORY MUSCLE STRENGTH WITH SPORTS PERFORMANCE IN FOOTBALL PLAYERS	JOURNAL OF MEDICAL SCIENCE AND CLINICAL RESEARCH
		EVALUATION OF LOW BACK PAIN AND DISABILITY IN ROCK CLIMBERS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
3.	DR. AMOGH KULKARNI(PT)	IMPACT OF MUSCLE ENERGY TECHNIQUE WITH AND WITHOUT STRAIN COUNTER STRAIN TECHNIQUE ON INDIVIDUALS WITH NON-SPECIFIC NECK PAIN – A PROSPECTIVE COMPARATIVE STUDY	JOURNAL OF ECOPHYSIOLOGY AND OCCUPATIONAL HEALTH.
		BIOPSYCHOSOCIAL MODEL ANALYSIS OF A RECURRENT GUILAIN–BARRÉ SYNDROME PATIENT'S RECOVERY	ANNALS OF INDIAN PSYCHIATRY
		APPLICATION OF THE INTERNATIONAL CLASSIFICATION OF FUNCTIONING, DISABILITY AND HEALTH MODEL IN RECURRENT GUILAIN–BARRÉ SYNDROME: A CASE REPORT	JOURNAL OF CLINICAL AND DIAGNOSTIC RESEARCH).

4.	DR. MANASI DESHPANDE(PT)	EFFECT OF BRAIN GYM® EXERCISES ON BALANCE AND RISK OF FALL IN PATIENTS WITH DIABETIC NEUROPATHY	INTERNATIONAL JOURNAL OF SCIENCE AND HEALTHCARE RESEARCH 3 (4), 257-262, 2018
5.	DR. PRATIKSHA KULKARNI(PT)	EFFECTS OF YOGA THERAPY ON ADOLESCENT GIRLS WITH PRIMARY DYSMENORRHEA	INTERNATIONAL JOURNAL OF SCIENCE AND RESEARCH
		PREVALENCE OF MOTION SICKNESS IN GENERAL POPULATION	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		PREVALENCE OF PATELLOFEMORAL PAIN SYNDROME IN HIGH SCHOOL STUDENTS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
6.	DR. KARTIKI BHILARE(PT)	PREVALENCE OF CERVICOGENIC HEADACHE IN COMPUTER USERS – A NEW NORMAL	SHODHAPRABHA
		ASSESSMENT OF JUGULAR VEIN PRESSURE IN COPD PATIENTS	MAHRATTA - MULTIDISCIPLINARY JOURNAL
		EFFECTIVENESS OF STRUCTURED EXERCISE PROGRAMME ON CORE STRENGTH FOR BHARATNATYAM DANCERS.	INTERNATIONAL JOURNAL OF NOVEL RESEARCH
7.	DR. SAKSHI PANDIT(PT)	REBOUND EXERCISES IN REHABILITATION: A SCOPING REVIEW	CUREUS